



# Safety Seymour Villain Competition

Safety Seymour is a bear on a mission to protect ourselves and our homes from carbon monoxide. He keeps us safe by fighting off the villainous Carbon Monoxide, but he needs help finding out who (s)he is...Can you design an enemy, along with their name, so Seymour can continue his duties? Draw them below:

See how to enter at the end of the page

Name:

Age:

School:

If you'd like to send your entry digitally, email your design, along with the **children's name, age, primary school and parent/guardian contact information** to: [safetyseymourvillains@northerngas.co.uk](mailto:safetyseymourvillains@northerngas.co.uk)

Please send postal entries to:  
**Safety Seymour Villains Competition**  
Northern Gas Networks, Thorpe Park Business Park  
1100 Century Way, Leeds, LS15 8TU

\*Terms and conditions apply - [www.northerngasnetworks.co.uk/safety-seymour-villain-competition](http://www.northerngasnetworks.co.uk/safety-seymour-villain-competition).  
By entering into this competition and providing us with your information, you agree to these terms and conditions. Northern Gas Networks will only process your personal information as set out in our Personal Data Privacy Notice: [www.northerngasnetworks.co.uk/legal-information/](http://www.northerngasnetworks.co.uk/legal-information/).





# Safety Seymour Villain Competition

## Information for Parents and Teachers

### Overview

Northern Gas Networks, the North of England's gas distributor, is launching its Safety Seymour Villain competition in partnership with Primary Times - a competition to raise awareness of the dangers of Carbon Monoxide (CO).

The competition sits alongside the current work Northern Gas Networks delivers in communities throughout the region. This includes promoting gas safety as part of an ongoing education programme - Safety Seymour - in partnership with Cadent, Wales & West Utilities and SGN.

Seymour keeps us safe by fighting off the villainous Carbon Monoxide. Northern Gas Networks is challenging primary school children - aged 5 to 11 - to give Carbon Monoxide a character and design their very own villain counterpart to help Safety Seymour carry on his duties safeguarding families throughout the UK. Complete with a wicked identity and of course an outfit fit for a villain - what will Safety Seymour's deadliest enemy look like?

If your school has previously taken part in a Safety Seymour session, your pupils may have already filled out a worksheet including their Carbon Monoxide (CO) Monster. Should this be the case, pupils may re-use this worksheet as part of their entry and submit alongside the necessary information.

### Submitting Your Entry

To qualify for this competition, please email the entry along with the **children's name, age, primary school and parent/guardian contact information** to:  
[safetyseymourvillains@northerngas.co.uk](mailto:safetyseymourvillains@northerngas.co.uk)

Or postal entries will be accepted to:  
**Safety Seymour Villains Competition**  
**Northern Gas Networks**  
**Thorpe Park Business Park**  
**1100 Century Way, Leeds, LS15 8TU**

Please note that the competition closes on the **30th November 2019**, and all entries need to be received before then to be eligible\*. The activity can be completed either at school and submitted by the teaching staff or taken home and submitted by their parents/guardian.

### Prizes (Ages 5 - 7 and 8 - 11):

The winner from each category will see their unique design brought to life by being transformed into a stuffed toy made from sustainable materials. Their primary school will also receive £500.

Two runners-up prizes will also be awarded in each category. Those in the 5 to 7 category can explore their creativity even further with a set of Earth Paints, and those aged 8 to 11 can test their knowledge with the board game Articulate for Kids.

If you'd like to set up your own Safety Seymour session, please register your interest by emailing: [stakeholder@northerngas.co.uk](mailto:stakeholder@northerngas.co.uk)

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# CARBON MONOXIDE (CO)

## What is Carbon Monoxide?

Carbon Monoxide is a poisonous, colourless and odourless gas that is produced by the incomplete burning of gas and liquid petroleum gas.

## How is Carbon Monoxide produced?

Carbon Monoxide can be produced when a gas appliance has been incorrectly fitted, badly repaired or poorly maintained. It also occurs if flues, chimneys, or vents are blocked.

## What effects does it have on the human body?

When breathing in Carbon Monoxide (even a small amount) it gets into the blood stream and prevents red blood cells from carrying oxygen, resulting in your body tissue and cells to die. If inhaled over a long period of time it can cause serious harm to health and can even result in death.

## Spotting the signs of Carbon Monoxide:

- Lazy yellow or orange gas flames mean you need to get your cooker checked
- Dark staining on or around appliances
- Pilot lights that frequently blow out
- Increased condensation visible on windows

## Recognising the symptoms of Carbon Monoxide:

- Headaches
- Dizziness
- Nausea
- Breathlessness
- Collapse
- Loss of Consciousness

## What to do if you suspect Carbon Monoxide poisoning:

### You need to act fast.

- If you smell gas or suspect CO poisoning, call the National Gas Emergency Service on 0800 111 999 immediately.
- Turn off gas appliances immediately, open doors and windows and leave the property.
- See your doctor immediately or go to hospital and let them know that you suspect CO poisoning. They can do a blood or breath test to check.
- Get a Gas Safe registered engineer to inspect your gas appliances and flues to see if there is a fault before they carry out the appropriate repairs.

## An alarm can save your life

Every home should have an audio CO alarm. They're available from local DIY stores and supermarkets for around £15. Your energy supplier may also be able to provide you with one.

## A safety check's essential

If you have a gas boiler, you should get a registered Gas Safe engineer to check it at least once a year. For more information, visit [gassaferegister.co.uk](http://gassaferegister.co.uk) or call 0800 408 5500.

